

Hamish The Train Buff



My Personal Diary





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Things I Have Done

I have also been a member of the Inverness and Ross & Cromarty PHAB Club. I have been on the committee of the Ross & Cromarty PHAB Club. I have also met Prince Edward through the PHAB Club. Also I have been in the Inverness PHAB Club Christmas Pantomime. I also helped to open the touchstone Maze at Blackmuir Wood at Strathpeffer.

I have been on the Inverness Wheelchair Dance committee. I have taken part in the Scottish Wheelchair Dance Championships in Aberdeen. I took part in the PHAB section dancing with my partner who was in a wheelchair and we came in 3rd. I have also led the Highland Flyers team and taken part in the Disco section. I have also been to civic dinner in Aberdeen for all the dancers.

I have also taken part in the HSAPD games and have won medals for the 400m walk in Inverness. I have got 1 Gold, 3 Silver, and 1 Bronze, I have been to Edinburgh and took part in the Scottish Disabilities Sport and got 2 bronze for the 400m walk. Also 1 Silver for being member of Highland tug o' war team. Also another medal for taking part in the Black Isle Fun Run. I have also been a Race Marshall for the Ross-shire Roads Cycling Club which was interesting doing and working with Police. I also got 2 medals for that. I am also a member of the Highland team that went to Edinburgh in 2000 and I took part in the Scottish Disabilities Sports. Our team took back 8 Gold, 18 Silver, and 4 Bronze Medals. I have also taken part in the HIGHLAND DISABILITY SPORT Lawn Bowls Championships at the Waterloo Bowling Club Inverness. The year I got my second Bronze medal in the SDS. Our team took a total of 19 gold, 12 silver, 7 Bronze medals and a cup for the Tug o' war which we had won for past 15 years. I have also been to a civic reception in Inverness for the athletes in the Highland Team.

I was born in Surrey and used to come up to Aviemore and Nairn on holiday. But my sister was born in Nairn. Then we moved to Nairn and I went to Millbank Primary School in Nairn and I also went to the Old Nairn Academy. Which is now Rosebank Primary School. When I left school I missed all my friends that I made in School especially one particular friend. Then we moved to Inverness and I had to go in to hospital and who do think I saw but her. Then a few years later I had to go in to her care for various reasons.

I am also a train spotter and I go to Dingwall Railway Station and see the different trains that pass through. I have taken pictures of the Royal Scotsman, which is a special train. It comes up every summer it goes to Kyle of Lochalsh and it's a private train. It costs over a £1000 to go on it and that includes everything. It is usually hauled by a Class 47 or sometimes hauled by a Class 37 diesel locomotive. I have seen the Blue Pullman, which is another special train. The train was topped and tailed by two Classes 47s in the livery of the Blue Pullman. I have seen the Autumn Highlander and the Easter Highlander, which were hauled by a Class 37 and a Class 50. Another special train that I saw was topped and tailed by two Class 50 diesel locomotives. I have also have seen the Great Briton 1 steam train which ran from Penzance to Kyle of Lochalsh also to Wick & Thurso. I have seen the North Briton steam train, which came up to Kyle of Lochalsh last year. A few years ago I went to see the Flying Scotsman at Aviemore when it came up to Inverness. I also take the pictures Sprinter Trains.



My Family

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This is My Brother in Law Michael and Me



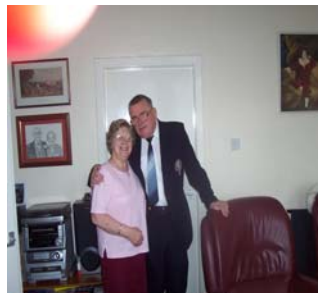
This is My Mum & My Stepfather. My Mum is a very kind and caring and understanding also kind. My is called Jean. My Stepfather is called Bill and he is from Dingwall He is a Train Buff



This is me the Train Spotter Hamish



This a picture of me Mum & Bill



Hamish with his Mum



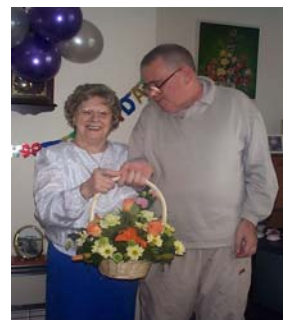
Hamish with his sister Linda. When I go up to Linda & Mikes house. She lets me loose on the internet.



Mum on her 80th birthday



Hamish on engine no 19 in Ayr-shire



Hamish with his Mum on her 80th birthday



Hamish on his 60th Birthday

I am supporter of Glasgow Rangers



Hamish at
St. Mirren V Glasgow Rangers

The Newsletter

In 2000 we decide to do something for the millennium. What we decided to do was to start a newsletter and call it the Fairburn News. I was elected editor of the newsletter. Then it was decided change the name to the Fairburn Times. The newsletter goes out to all the relatives and friends. It is also on my website. I have had various sub editors. But the best sub editor is Kerry she comes up with good ideas. Then the Care Commission approached us and asked us to do some work for them. I enjoy doing the newsletter as I find it interesting as I studied to get my highers to be able to do the newsletter. Kerry is a great sub editor; she is always there when I need her to proof read the newsletter. We are always looking for new articles and recipes to include in the newsletter. My website is on Google, under Hamish_Cummings.

The Supremes

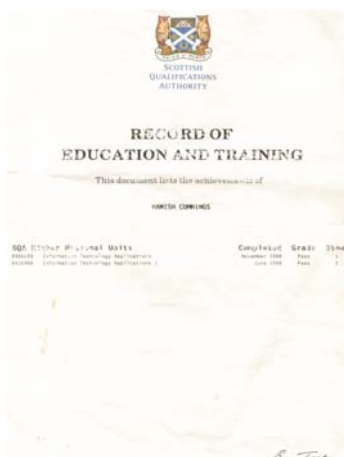
1968 Diana Ross & The Supremes came and did a concert in London. I used read the New Musical Express and the Record Mirror. I in one of the magazines was an address for the Diana Ross & The Supremes Fan Club. So I wrote to the address in the USA. Which I didn't know was Motown Records. A few weeks later I got a letter back with a signed photo of the Supremes with information about the group. Then they gave me the address of the UK fan club. So I joined it at the time there were over 7,000 members. In 1970 they had a competition how would you entertain your favourite Supreme mine was Mary Wilson and I won the competition. For winning the competition I received a prize of a tape recording Taking Care of Business a TV Special starring Diana Ross & the Supremes with the Temptations. In 1980 They came to Britain and did some concerts. One of the places was in Aberdeen unfortunately I could not go and see them. Then few a days later I was told they were coming to Inverness. So then I went to the Ice Rink where they were playing and we got our tickets. I was told to arrive early and make my known to the publicity officer who was one Liz Campbell one of the first presenters on Moray Firth Radio. When I arrived we were shown to the front row where we sat and



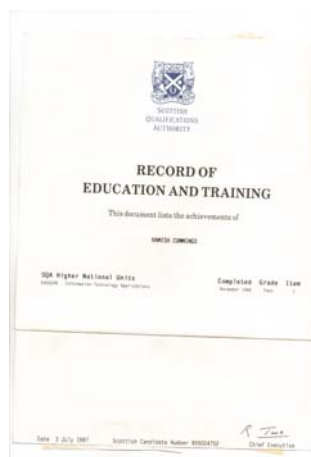
saw a band from Aberdeen called Private ID. Then Liz came over and took me back stage to meet the Supremes before they went on stage. We went back and sat in the front row. The Supremes started singing all there old songs. I was also singing along with them. I was asked to go and present

a bouquet of flowers to Mary Wilson and I said no. Then I was told to wait until the concert was finished and go back stage and I did. I had my picture taken with my favourite Supreme Mary Wilson and she is still my favourite Supreme. There is film called Dream Girls, which is loosely based on the Supremes. They also appeared in the Royal Variety Show. They have had 11 no 1s in the USA. My friend from school was in the audience





SQA Higher National Units
Information Technology
Applications 1



SQA Higher National Units
Information Technology
Applications



National Unit
Desktop Publishing



The Staff

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Catherine



Jules



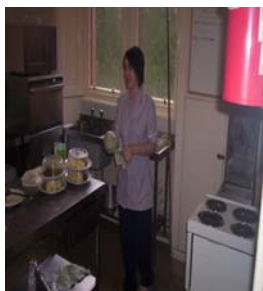
Sara & Sally



Iwona



Stevie



Amy



Callum



Tina



Kiki



Linda



Ross



Lyndsy



Rhea



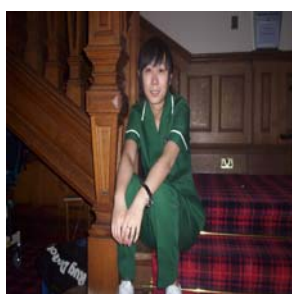
Michael



Cherry



Jane



Viven



Steam Train

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Steam Trains 2

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My favourite Staff Nurse is Kerry because she is my sub editor of the newsletter. She is always there when I need help with what I am doing with the newsletter. She's a very good friend to know. Also Jane and Val there always around when I want to speak to them. I have been on holiday with Val and I know what she like to be with on holiday she's a very nice person I like Jules and Catherine and Mary also Vicky and Sarah.

My favourite carers are Lynne, Donnie, Rhea, Sam, also Callum and Ross because they're easy to get on with. Also fun to have as carers. Also I like our Chinese staff I like everybody else as well. I try and get on with them. Some of the carers are very funny at times when there around it's like a mad house. Also my two friends Mark and Stuart who are two members of staff. Also my favourite members of the night carers are Nurse Angela along with two carers called Peter and Oscar there are easy to get on with. One other favourites is Jean who organises all the different outing and entertainment.

My friends are mainly Annette, Drew, Maggie and David and Ruth because there are very friendly and special. But I don't like everyone especially Graham & Simon who are always cheeky and nasty and bullying people. Such as those who can't defend for themselves such as Jaz. But I like everybody else but I don't always get on with the rest of the residents.

My favourite T.V. Shows are Countdown, Emmerdale, Nightwatch, Law and Order and also UK Law and Order and Criminal Minds and the Bill also The Professionals and also programmes to with the police and trains. The Local News, and the National news sport & weather. I like watching the news from different parts of the world. Clubland TV and NME TV and TMF, which is are music channels

My Favourite TV Channels are STV, BBC, C4, C5 and C5 USA and Fiver. Also Simply Movies, Young @ Heart, Zone Reality, also Zone Reality +1, Men4Movies, also Film4 Zone Thriller and Men & Motors My favourite radio stations are Moray Firth Radio, Smooth FM, Gold, and Magic, Kiss

One of my favourite people was my best friend who I used to go with. Her name was Eileen She was in a different class from me. I used to see her at lunchtime every day. At Christmas we would have our own school party. But she wasn't allowed out to the school dance because she lived in the country. She knew where I used to live near the railway station. She is very good person know and a very good friend to have also a very nice person and kind person. When I left school I missed her. I didn't think I would see her again. But a few years later I saw her again. I still have a soft spot for her. I used to chase her in School. She was also my school girlfriend and she hasn't

Special Trains

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I like going and visiting the new library. The library is friendly and has a relaxing atmosphere. Also nice and quiet although sometime it can be noisy with kids from the school. The staff is all very



nice and helpful and they are always if you want help. Sometimes I do need help to log on. A few years asked if I could have the Internet. I was told no it was too expensive to have. I so kept on asking if I could go to the Old Library in Dingwall. Then one day I



was told I was going to the library. Then one of the staff Martin took me to the library. He taught me how to use the Internet and helped me to set up my web-site. He took me every week for a few months. Then he said I am going to leave you. To go on the Internet yourself as I have taught you all that I can and I did. I e-mail the newsletter, which goes to Cyprus, USA and the Ukraine, also to my other friends. I have made a lot of friends on the net. I also e-mail my many friends I also surf the net. I have a look at various web-sites to do with trains. My favorite web-sites are The Royal Scotsman, Eatnet, Strathspey Steam Railway, David-Ross.fotopic. LEAD, MFR, Puffin Pool, and Jacobite also a couple of others.



Another places that like to go to is the Railway Station and watching the trains passing through and taking pictures of then. I always ask the crew of the train is it all right to pictures of the train and they say yes. Sometimes the driver will toot his horn and give me a wave. I also like to go to Boat of Garten to see the steam train

I also like going to the Roller Bowl and playing the game and watching the game. I also enjoy shopping, going to the cinema, and going to Eden Court Theatre Inverness also going on holiday. Also going to football game. I also going home and seeing the changes in Inverness. Also going and feeding ducks beside the canal. Also going out to a pub or a hotel for a meal. Also going up to the Activity centre and seeing the staff.

I have been on holiday to Corfu in Greece and Mallorca in Spain, Pine Lake near Carnforth in Lancashire, also Brunstone Castle holiday complex in Ayrshire, also Aviemore, and I have been on an exchange holiday to Kippen House in Dunning Perth-shire. When Mum and my stepfather had a caravan I used to go to different places with them. But my favourite destination is Mallorca it is a beautiful island and the people are very friendly.

Last year I went and saw the North Briton, which is a steam train. The train came up from London to Inverness. The North Briton left London's Kings Cross at about 6.48am arrived in Edinburgh at 20.27pm. After an overnight stop it left Edinburgh at about 9.15am and arrived in Inverness at about 18.07pm. The next morning The North Briton left Inverness at 6.25am and arrived in Kyle of Lochalsh 10.07am. On the back the broke down so it was 4 hours late. The

next day the North Briton left Inverness at 9.38am and arrived in Glasgow at 17.48pm. The next morning the train left Glasgow at 6.20am and arrived back at London Kings Cross at 21.45pm. The North Briton was full of tourists and train buffs. I took some pictures of the train at Kyle of Lochalsh.



One my favourite trains, is a special train called the Royal Scotsman. It is a private train. It costs over a £1000 to go the price includes everything and is like a hotel on wheels. It is always packed with tourists from all over country. It is like the orient express inside and it is a luxury train. One of the places the train

passes through is Dingwall where it stops to let other trains pass. Before going to Kyle of Lochalsh the Royal Scotsman is sometimes hauled by a Class 37 or a Class 47-diesel locomotive. That is where I take pictures and sometimes film the Royal Scotsman in Dingwall



I have also seen the Autumn Highlander when it came up from London to Inverness. The left Kings Cross at 7.20 and arrived in Inverness at about 22.09. Then the next day the Autumn Highlander left Inverness 12.30 and arrived in Strathcarron at 14.41 then arrived back in Inverness at about 21.37. The morning day the train left Inverness at about 8.10 and arrived at Thurso at 16.08 the Autumn Highlander returned to Inverness at 22.52. Then the next morning the train left Inverness at 8.10 and arrived back in London at 21.23. The train was full of Train buffs the Autumn Highlander was topped and tailed by a Class 40 and Class 50 diesel locomotives.



I have also seen the Blue Pullman when it came up from London to Inverness. Next morning the train went up to Kyle of Lochalsh and back to Inverness. After an overnight stop the train went up to Wick and

Thurso. The Blue Pullman is a private train and it was full of train buffs. I saw the Blue Pullman when it stopped at Dingwall before going to Inverness. The next day The Blue Pullman left Inverness for London. Train was topped and tailed by two Class 47s diesel locomotives in the Blue Pullman livery.



Another train that I saw was run by Pathfinder Tours the train was topped and tailed by 2 class 50 diesel locomotives. We saw the train in Dingwall and we followed to Inverness. Where we I met the driver of the train. The train came up from London and it went up to Thurso and Wick. Also to up Kyle of Lochalsh then back to Inverness. The following day the train left for London. The driver also drives the Royal Scotsman.





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31																					30	31					

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Organization

fairburn

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
Email: xyz@microsoft.com

Your business tag line here.

WE'RE ON THE WEB!
EXAMPLE.MICROSOFT.COM

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If

your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is

a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.